

## Tips to remember

At our school, we teach the children the following message. It's all about being SMART!

### Staying SMART

<b>S</b>	Keep <b>safe</b> by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.
<b>M</b>	<b>Meeting</b> someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.
<b>A</b>	<b>Accepting</b> emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!
<b>R</b>	Someone online might lie about who they are and information on the internet may not be true. Always check information with other websites, books or someone who knows. If you like chatting online it's best to only chat to your <b>real</b> world friends and family
<b>T</b>	<b>Tell</b> your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

Keeping your children safe online is important.

Make sure:

- An adult is always nearby when they are online.
- They do not share their personal info (name, address etc) with anybody online.
- They tell if if they are worried about something

## Keeping Your Children Safe Online



This guide is to advise parents and carers on how to keep their children safe online. As always, please speak to a member of staff if you have any concerns.



**St. Mary Queen of Martyrs**  
Voluntary Catholic Academy

## Mobile Phones/Apps like Instagram

Lots of mobiles and tablets come with settings that can help you manage what your child can and can't see or do online.

When using parental controls, make sure to check things like location settings and what information your child is sharing with others.

You can get more information about setting up controls on different devices from mobile providers such as O2, Vodafone, Three and EE.

## PS4/Xbox/Wii/DS

Most games consoles are internet-enabled. Which means your child can go online and chat with other players or make in-game purchases.

Like with mobiles and tablets, the controls on your games console help you to manage what your child can and can't do.

Some devices allow you to:

- ✓ set up different profiles for each family member
- ✓ deactivate the internet
- ✓ turn off chat functions to stop your child from talking to strangers.

## Film, Music and TV

You need to think about parental controls when watching films or TV and listening to music.

Smart TVs and services like Netflix, iTunes, BBC iPlayer and YouTube have settings that allow you to control who sees what.

## Internet Safety

Children and young people go online to connect with friends, and make new ones, to browse the internet for information, chat with others and play games. They may:

- ✓ search for information or content on search engines like [Google](#) and [Bing](#).
- ✓ share images and watch videos through websites or mobile apps like [Instagram](#), [Pinterest](#), [Vine](#) and YouTube
- ✓ use social networking websites like [Facebook](#) and [Twitter](#)
- ✓ write or reply to messages on forums and message boards
- ✓ play games alone or with others through websites, apps or game consoles
- ✓ chat with other people through online games, [BBM \(Blackberry Messenger\)](#), game consoles, webcams, social networks and tools like [Whatsapp](#).

When online, children and young people can learn new things, get help with homework, express themselves creatively and connect with friends and family.

**There are also risks, but by understanding and talking about the dangers you can help keep your child safe online.**

## Parental Controls

Parental controls are software and tools which you can install on phones or tablets, games consoles or laptops - and even your home broadband.

You can also use them to help you block or filter the content your child sees when searching online.