



WEEK 1 COMMENCING:-

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Sausages served with Mashed Potato	Cheese & Tomato Pizza served with Potato Wedges	Spaghetti Bolognese served with Savoury Wedges	CARVERY Roast Turkey served with Homemade Yorkshire Pudding & Gravy Roast or Mashed Potato Seasonal Vegetables	Fish or Fish Fingers Chips Peas or Mushy Peas or Baked Beans
	ALLERGENS: 14, 7	ALLERGENS: 2, 7	ALLERGENS: 2, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 5
VEGETARIAN OPTION	Vegetarian Sausages served with Mashed Potato	Mediterranean Pasta served with Potato Wedges	Fish Cakes served with Savoury Wedges	Vegetarian Toad in the Hole served with Roast or Mashed Potato Seasonal Vegetables	Mega Macaroni Cheese Chips Peas or Mushy Peas or Baked Beans
	ALLERGENS: 2, 7, 13, 14	ALLERGENS: 1, 2, 4, 7	ALLERGENS: 4, 5, 7, 2	ALLERGENS: 2, 4, 7, 14	ALLERGENS: 1, 2, 4, 7
DESSERT CHOICE	Chocolate Sponge & Strawberry Custard Fruit & Jelly Assorted Yoghurts	Peach Melba Fruit & Jelly Assorted Yoghurts	Fruity Biscuit Fruit & Jelly Assorted Yoghurts	Fruit Muffin Fruit & Jelly Assorted Yoghurts	Friday Bake Off Fruit & Jelly Assorted Yoghurts
	ALLERGENS: 2, 4, 7	ALLERGENS: 7	ALLERGENS: 2	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7

**We also offer filled Jacket Potato served with a choice of fillings - Cheese, Baked Beans or Tuna Mayonnaise
All served with unlimited vegetables or salad to accompany the meals**

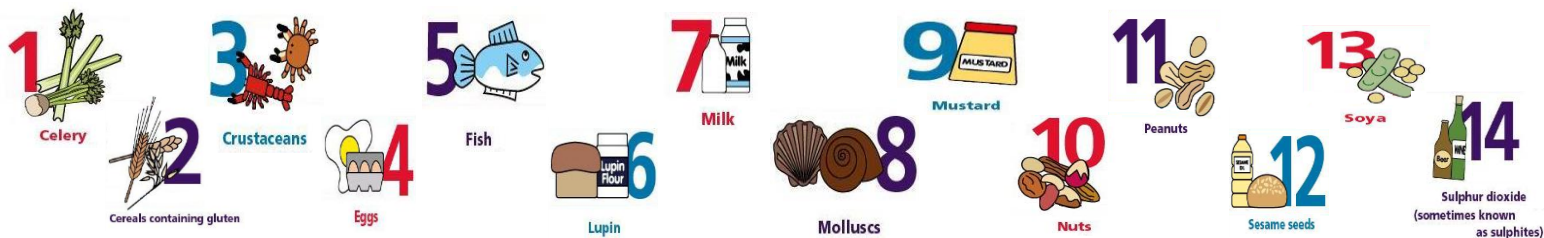
Freshly prepared Salad Bar & Bread daily (2, 4, 7)

Fresh Water & Milk to drink

FRUIT & VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS

VEGETARIAN (V)

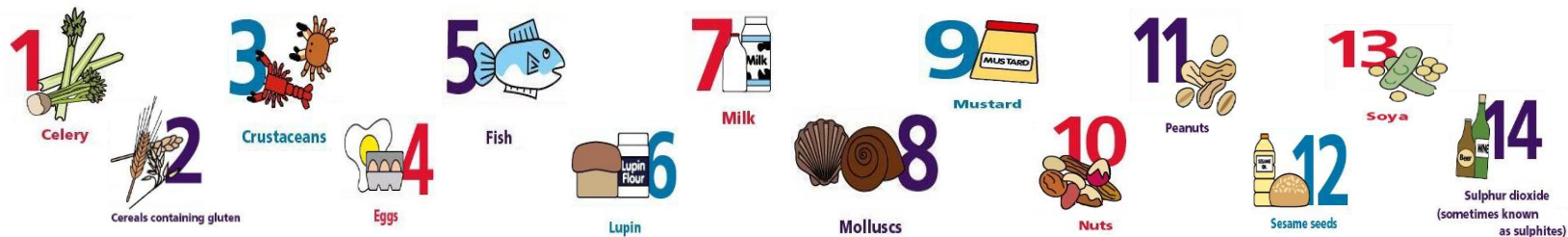
ALLERGENS





WEEK 2 COMMENCING:-

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Meat Balls served with Mashed Potato	Chicken Fillet served with Roast Potatoes	<u>ALL DAY BREAKFAST</u> Sausage, Bacon, Egg, Baked Beans & Tomatoes	<u>CARVERY</u> Roast Turkey served with Homemade Yorkshire Pudding & Gravy Roast or Mashed Potato Seasonal Vegetables	Fish or Fish Fingers Chips Peas or Mushy Peas or Baked Beans
	ALLERGENS: 2, 7	ALLERGENS:	ALLERGENS: 14, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 5, 2, 7
VEGETARIAN OPTION	Tomato Pasta served with Mashed Potato	Cheesy Pasta served with Roast Potatoes	<u>VEGETARIAN ALL DAY BREAKFAST</u> Vegetable Sausage, Egg, Baked Beans & Tomatoes	<u>CARVERY</u> Vegetarian Toad in the Hole served with Homemade Yorkshire Pudding & Gravy Roast or Mashed Potato Seasonal Vegetables	Cheddar Butteries served with Chips Peas or Mushy Peas or Baked Beans
	ALLERGENS: 2, 7, 14	ALLERGENS: 2, 7, 9	ALLERGENS: 2, 13, 14, 4, 7	ALLERGENS: 2, 4, 7, 13, 14	ALLERGENS: 2, 7
DESSERT CHOICE	Jam & Coconut Sponge with Custard Fruit & Jelly Assorted Yoghurts	Ice Cream with Fruit Fruit & Jelly Assorted Yoghurts	Vanilla Shortcake with Chocolate Custard Fruit & Jelly Assorted Yoghurts	Rice Pudding with Fruit Fruit & Jelly Assorted Yoghurts	Friday Bake Off Fruit & Jelly Assorted Yoghurts
	ALLERGENS: 2, 4, 7	ALLERGENS: 7	ALLERGENS: 2, 4, 7	ALLERGENS: 7	ALLERGENS: 2, 4, 7
<p>We also offer filled Jacket Potato served with a choice of fillings - Cheese, Baked Beans or Tuna Mayonnaise All served with unlimited vegetables or salad to accompany the meals</p> <p>Freshly prepared Salad Bar & Bread daily (2, 4, 7)</p> <p>Fresh Water & Milk to drink</p>					
ALLERGENS					



WEEK 3 COMMENCING:-



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Beef Burger served with Bolognaise & Pasta	Chicken Curry served with Rice	Beef & Potato Pie served with Roast Potatoes	CARVERY Choose from Roast Beef or Turkey served with Homemade Yorkshire Pudding & Gravy Creamed Potato Seasonal Vegetables	Fish Fingers Chips Peas or Mushy Peas or Baked Beans
	ALLERGENS: 2, 7	ALLERGENS: 7, 9	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 5
VEGETARIAN OPTION	Tomato Pasta Bake served with Garlic Bread	Vegetable Curry served with Rice	Omelettes served with Roast Potatoes	CARVERY Quorn Chicken Fillet served with Homemade Yorkshire Pudding & Gravy Creamed Potato Seasonal Vegetables	Cheese & Tomato Pasta served with Chips Peas or Mushy Peas or Baked Beans
	ALLERGENS: 2, 7, 14	ALLERGENS: 1, 7, 9	ALLERGENS: 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 7, 9
DESSERT CHOICE	FRUIT PLATTER Fruit Sponge with Custard Assorted Yoghurts	FRUIT PLATTER Coconut Cookie Ice Cream Assorted Yoghurts	FRUIT PLATTER Fruit Flapjack with Custard Assorted Yoghurts	FRUIT PLATTER Chocolate or Strawberry Mouse Assorted Yoghurts	FRUIT PLATTER Friday Bake Off Assorted Yoghurts
	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 7	ALLERGENS: 7	ALLERGENS: 2, 4, 7
<p>We also offer filled Jacket Potato served with a choice of fillings - Cheese, Baked Beans or Tuna Mayonnaise All served with unlimited vegetables or salad to accompany the meals</p> <p>Freshly prepared Salad Bar & Bread daily (2, 4, 7)</p> <p>Fresh Water & Milk to drink</p>					
ALLERGENS					



Celery



Cereals containing gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur dioxide (sometimes known as sulphites)